

Our new way of delivering **Community Mental Health Services**

The model for our **Community Mental Health Service (CMHS)** is designed to care for you in your community when you need help to manage short term mental health symptoms (**ACUTE CARE**), or when you are recovering from those symptoms (**NON-ACUTE CARE**).



Your assigned **Mental Health Clinician** will work with you to coordinate your care and match your care needs to our Allied Health, Nursing and Medical services.

Our **services** work together to help you get well and stay well in your community.

ACUTE CARE

Specialised short-term care (usually about **6 weeks**) to support you during the acute stage of mental illness - as an alternative to hospital admission

Assessment & Brief Intervention Service

🕒 9am – 9:30pm | 7 days per week

Youth Service

🕒 9am – 5pm | Mon - Fri

Mental Health Co-Responder Service (MH-Core)

🕒 12pm – 11:30pm | 7 days per week

NON-ACUTE CARE

Specialised medium-term care (usually about **6 to 12 months**) to support your recovery from the acute stage of mental illness by helping to reduce your symptoms, improve your function and prevent relapse

Community Recovery Service

🕒 9am – 5pm | Mon - Fri

ALLIED HEALTH, NURSING & MEDICAL SERVICES

🧠 Psychology services

👤 Social Work services

🧩 Occupational Therapy services

CMHS ALLIED HEALTH

👥 Specialist groups

👨‍⚕️ GP Liaison services

💊 Medication clinics

CMHS ALLIED HEALTH & NURSING

CMHS NURSING

🏥 Medical services

💊 Pharmacy services

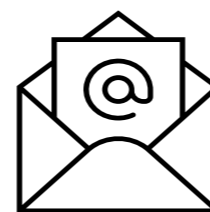
CMHS MEDICAL

CMHS PHARMACY

COMMUNITY MENTAL HEALTH SERVICE
CENTRAL ADELAIDE LOCAL HEALTH NETWORK



To find out more scan the QR code or visit us at <https://centraladelaide.health.sa.gov.au/community-mental-health-consultation>



To tell us what you think, please email us at HealthCALHNCommunityMHRedesignProject@sa.gov.au
Feedback closes on **14 September 2022**