

# Our new way of delivering **Community Mental Health Services**



The model for our **Community Mental Health Service (CMHS)** is designed to care for you in your community when you need help to manage short term mental health symptoms (**ACUTE CARE**), or when you are recovering from those symptoms (**NON-ACUTE CARE**).

Your assigned **Mental Health Clinician** will work with you to coordinate your care and match your care needs to our Allied Health, Nursing and Medical services.

Our **services** work together to help you get well and stay well in your community.

## ACUTE CARE

Specialised short-term care (usually about **6 weeks**) to support you during the acute stage of mental illness - as an alternative to hospital admission.

### Assessment & Brief Intervention Service

🕒 9am – 9:30pm | 7 days per week

### Youth Service

🕒 9am – 5pm | Mon-Fri

### Mental Health Co-Responder Service (MH-Core)

🕒 12pm – 11:30pm | 7 days per week



## NON-ACUTE CARE

Specialised medium-term care (usually about **6 to 12 months**) to support your recovery from the acute stage of mental illness by helping to reduce your symptoms, improve your function and prevent relapse.

### Community Recovery Service

🕒 9am – 5pm | Mon-Fri



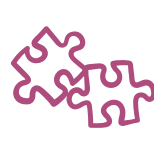
## ALLIED HEALTH, NURSING & MEDICAL SERVICES



Psychology services



Social Work services



Occupational Therapy services



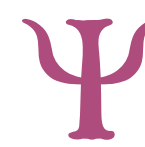
Specialist groups



GP Liaison services



Medication clinics



Medical services



Pharmacy services

CMHS ALLIED HEALTH

CMHS ALLIED  
HEALTH &  
NURSING

CMHS NURSING

CMHS  
MEDICAL

CMHS  
PHARMACY



To find out more scan the QR code or visit us at  
[https://centraladelaide.health.sa.gov.au/  
community-mental-health-consultation](https://centraladelaide.health.sa.gov.au/community-mental-health-consultation)

To tell us what you think, please email us at  
[HealthCALHNCommunityMHRdesignProject@sa.gov.au](mailto:HealthCALHNCommunityMHRdesignProject@sa.gov.au)  
Feedback closes on **08 September 2022**

## Community Mental Health Service

Mental Health Clinical Program  
Central Adelaide Local Health Network

For information **T: (08) 7087 1000**  
**E: [Health.CALHN.MentalHealthClinicalProgram@sa.gov.au](mailto:Health.CALHN.MentalHealthClinicalProgram@sa.gov.au)**